INSPIRE YOURSELF

Master Class with Lily Ramonatxo and Maelle Millet Members of the French National Team







Event	Master Class	
Date	February 24th 2024	
Place	Gymnase Lou Clapas , Quartier Mosson, Avenue de Heildelberg, 34000 Montpellier	
Program	09h00 - 12h30	
	Arrival 30 – 35 minutes in advance for the registration	
Participation fee	35€ per gymnaste	
Registation	Poleespoir.gr.montpellier@gmail.com	
	Please note that the places are limited!	
	During the registration, please note the age and the level of each gymnast.	
	Please note that the inscriptions are confrimed after the payment.	
	For cancellations before January 19th 2024 – 50 % of the total amount will be kept as a penalty fee. From January	

	20th 2024 the cancellations are non refundables and the entire amount will be kept as a penalty fee. Registration deadline: January 20th 2024.		
Payment			
	CR LANGUEDOC CASTRIES Tel. 0467161701 Fax. 0467161710	25/10/2023 00202	
	Intitulé du compte	ASSOC. POLE ESPOIRS DE GYMNASTIQUE RYTHMIQUE DE MONTPEL CHEZ MME CAROLE LARTIGUE 1 BOULEVARD BENJAMIN MILHAUD 34070 MONTPELLIER	
	Domiciliation Code banque Code guichet 13506 10000	Numéro de compte CIé RIB 85137056009 47	
	IBAN Code BIC (Bank identification code) -	FR76 1350 6100 0085 1370 5600 947 code SWIFT AGRIFRPP835	
	Lease note the name of the	he Club and the Country	
General informations	Every gymnast is required to take her own apparatus: Rope, hoop, ball, clubs and ribbon Elastic bands, weights		
Contacts:	Pôle Espoir de Gymnasti	que Rythmique de Montpellier	
	poleespoir.gr.montpellie	r@gmail.com	
Lunch:	We propose a lunch box of 10€	the day of the Master class at the rate	
	Please note the number of registration	of lunch boxes that you require upon	
Accommodation	Hôtel Golf Fontcaude** fontcaude.com/	** : https://hotelgolf-	
	The nights of February 2	2nd and 23rd 2024 :	
	100€ individual room wi 115€ double room with b 135€ triple room with bro	oreakfast included eakfast included *	
	149€ quadruple room wi	th breakfast included *	
	<u> </u>	ber of triple and quadruple rooms oon request and after confrimation	
	Dinner at the hotel restaudessert at the rate of 25€	arant with starter, main course and per person	

	Hôtel <u>du Parc Euromédecine** - https://montpellier-hotel.fr/</u>
	The nights of February 22nd, 23rd and 24th 2024:
	The night of February 22nd 2024:
	95€ individual room with breakfast included 105€ double room with breakfast included
	The nights of February 23rd and 24th 2024:
	75€ individual room with breakfast included 85€ double room with breakfast included
	The hotel does not have a restaurant for dinner
	During the inscription, please note the hotel, the number and type of rooms and the age of the participants
Transfer	Transfers:
	Transfers are provided from the Airport to the Hotel and from the Hotel to the Airport − 15€ per person and per direction (the transfers hotel – event venue are included in this price)
	Transfers are provided from the Gare de Sud Train station (Montpellier) to the Hotel and from the Hotel to the Gare de Sud Train station (Montpellier) − 15€ per person and per direction
	(the transfers hotel – event venue are included in this price)
	Transfers are provided from the Train station St Roch to the Hotel and from the Hotel to the Train station St Roch − 10€ per person and per direction
	(the transfers hotel – event venue are included in this price)
	During the inscription, please note wich transfer you will need, the number of persons and arrival/departure time
Media and Photography	By entering this event, clubs and gymnasts grant irrevocable royalty free license to capture, reproduce and publicly display any photos and videos taken during the event for promotional and archival purposes.