CHALLENGE YOURSELF

Master Class with the Olympic Champions on February 23rd 2024

and







Stefani KIRYAKOVA





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Event	Master Class
Date	February 23rd 2024
Place	Gymnase Lou Clapas , Quartier Mosson, Avenue de Heildelberg, 34000 Montpellier
Program	09h30 – 12h30 et 14h00 – 17h30 Arrival 30 – 45 minutes in advance for the registration
Participation fee	50€ per gymnaste Free of charge for coaches
Registation	Poleespoir.gr.montpellier@gmail.com
	Please note that the places are limited !

	 During the registration, please note the age and the level of each gymnast. Please note that the inscriptions are confrimed after the payment. For cancellations before January 19th 2024 – 50 % of the total amount will be kept as a penalty fee. From January 20th 2024 the cancellations are non refundables and the entire amount will be kept as a penalty fee. Registration deadline : January 20th 2024.
Payment	CR LANGUEDOC CASTRIES Tel. 0467161701 Fax. 0467161710 Intitulé du compte SYMNASTIQUE RYTHMIQUE DE MONTPEL CHEZ MME CAROLE LARTIGUE 1 BOULEVARD BENJAMIN MILHAUD 34070 MONTPELLIER
	Domiciliation Code guichet Numéro de compte Cié RIB of the 13506 10000 85137056009 47 Club IBAN FR76 1350 6100 0085 1370 5600 947 and Code BIC (Bank identification code) - code SWIFT AGRIFRPP835 the
General informations	Country Every gymnast is required to take her own apparatus: Rope, hoop, ball, clubs and ribbon Elastic bands, weights
Contacts :	Pôle Espoir de Gymnastique Rythmique de Montpellier poleespoir.gr.montpellier@gmail.com
Lunch:	 We propose a lunch box the day of the Master class at the rate of 10€ Please note the number of lunch boxes that you require upon registration
Accommodation	Hôtel Golf Fontcaude*** : https://hotelgolf- fontcaude.com/
	The nights of February 22nd and 23rd 2024 : 100€ individual room with breakfast included 115€ double room with breakfast included 135€ triple room with breakfast included * 149€ quadruple room with breakfast included * * there is a limitted number of triple and quadruple rooms and they are grailable upon request and after confrimation
	and they are available upon request and after confrimation Dinner at the hotel restaurant with starter, main course and dessert at the rate of 25€ per person

Hôtel <u>du Parc Euromédecine** - https://montpellier-</u> <u>hotel.fr/</u>
The nights of February 22nd, 23rd and 24th 2024 :
The night of February 22nd 2024 :
95€ individual room with breakfast included 105€ double room with breakfast included
The nights of February 23rd and 24th 2024 :
75€ individual room with breakfast included 85€ double room with breakfast included
The hotel does not have a restaurant for dinner
During the inscription, please note the hotel, the number and type of rooms and the age of the participants
Transfers :
Transfers are provided from the Airport to the Hotel and from the Hotel to the Airport – 15€ per person and per direction (the transfers hotel – event venue are included in this price)
Transfers are provided from the Gare de Sud Train station (Montpellier) to the Hotel and from the Hotel to the Gare de Sud Train station (Montpellier) -15 per person and per direction
(the transfers hotel – event venue are included in this price)
Transfers are provided from the St Roch Train station to the Hotel and from the Hotel to the St Roch Train station -10 per person and per direction
(the transfers hotel – event venue are included in this price)
During the inscription, please note wich transfer you will need, the number of persons and arrival/departure time
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